



Ref. No. EU/Optomtry/2024/ 108

ERA UNIVERSITY
Department of Optometry
B. Optometry 1st semester Time Table- 2024 (Batch-2024)
Venue: Room no. 414, 4th floor University Building

Time Days	9-10 AM	10-11 AM	11-12 AM	12-01PM	01-02 PM	02-03 PM	03-04 PM	
Monday 12.08.2024	Geometrical Optics-I (P) Mr. Jamshed Ali		Care Program Mr. Safal Mohammad	Library	L U N C H	General Physiology (Theory) Dr. Tahseen Raza	Group Discussion Mr. Salal Mohammad/Mr. Sunil Kumar Gupta	
Tuesday 13.08.2024	Geometrical Optics-I (L) Mr. Sunil Kumar Gupta	General Biochemistry (L) Dr. Nayab Ishrat	English & Communication Skill Ms. Saleha Jafri	Nutrition (L) Dr. Nigar Naqvi		General Physiology (L) Dr. Tahseen Raza	Library	
Wednesday 14.08.2024	Geometrical Optics-I (L) Mr. Sunil Kumar Gupta	General Biochemistry (L) Dr. Nayab Ishrat	English & Communication Skill Ms. Saleha Jafri	Nutrition (L) Dr. Nigar Naqvi		General Biochemistry (P) Dr. Nayab Ishrat 5 th floor University Building (Biochemistry Lab)		
Thursday 15.08.2024	HOLIDAY (INDEPENDENCE DAY)						HOLIDAY (INDEPENDENCE DAY)	
Friday 16.08.2024	Role Play Ms. Ramlah Akhtar	General Anatomy (L) Dr. Prince Kapoor	Library	Library				
Saturday 17.08.2024	Optometry Introduction Mrs. Namrata Srivastava	General Anatomy (Practical) Dr. Prince Kapoor 6 th floor College Building (Anatomy Lab)		Activity				


Sunil Kumar Gupta
 Assistant Prof. & In-charge
 Department of Optometry
 Era University, Lucknow



Prof. S. Riaz Mehdi
 Dean
 Faculty of Allied Health Sciences
 Era University, Lucknow

Copy to: P.S to Hon'ble V.C, Registrar, Dean Allied, Coordinator Allied, Attendance Section, Ms. Shaheen (V.C Office), Dept. Of Dietetics (Dr. Nigar Naqvi), HOD Anatomy, HOD Physiology, Dept of Biotechnology (Dr. Nayab Ishrat), Soft Skills (Mr. Kaurain Abidi), Department of English, Notice Board & Concern Faculty.

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Monday 19.08.2024	Geometrical Optics-I (P) Mr. Jamshed Ali		English & Communication Skill Ms. Saleha Jafri	Library	L U N C H	General Physiology (L) Dr. Tahseen Raza	Group Discussion Mr. Sulai Mohammad/ Mr. Sunil Kumar Gupta
Tuesday 20.08.2024	Geometrical Optics-I (L) Mr. Sunil Kumar Gupta	General Biochemistry (L) Dr. Nayab Ishrat	English & Communication Skill Ms. Saleha Jafri	Nutrition (L) Dr. Nigar Naqvi		General Physiology (L) Dr. Tahseen Raza	Library
Wednesday 21.08.2024	Geometrical Optics-I (L) Mr. Sunil Kumar Gupta	General Biochemistry (L) Dr. Nayab Ishrat	English & Communication Skill Ms. Saleha Jafri	Nutrition (L) Dr. Nigar Naqvi		General Biochemistry (P) Dr. Nayab Ishrat 5 th floor University Building (Biochemistry Lab)	
Thursday 22.08.2024	Geometrical Optics-I (L) Mr. Sunil Kumar Gupta	General Anatomy (L) Dr. Prince Kapoor	General Physiology (P) Dr. Tahseen Raza 1 st floor College Building (Physiology Lab)			Soft Skill Mr. Kaurain Abidi	Library
Friday 23.08.2024	Role Play Ms. Ramlah Akhtar	General Anatomy (L) Dr. Prince Kapoor	Library	Library			
Saturday 24.08.2024	Optometry Introduction Mrs. Namrata Srivastava	General Anatomy (P) Dr. Prince Kapoor 6 th floor College Building (Anatomy Lab)		Activity			


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Time Days	9-10 AM	10-11 AM	11-12 AM	12-01 PM	01-02 PM	02-03 PM	03-04 PM
Monday 26.08.2024	CHELLUM (HOLIDAY)					CHELLUM (HOLIDAY)	
Tuesday 27.08.2024	JANMASHTAMI (HOLIDAY)					JANMASHTAMI (HOLIDAY)	
Wednesday 28.08.2024	Geometrical Optics-I (L) Light Mr. Sunil Kumar Gupta	General Biochemistry (L) Proteins Dr. Nayab Ishrat	English & Communication Skill Introduction to English language Ms. Saleha Jaffri 5 th floor University Building	Nutrition (L) Energy Dr. Nigar Naqvi	L U N C H	General Biochemistry (P) Dr. Nayab Ishrat 5 th floor University Building (Biochemistry Lab)	
Thursday 29.08.2024	Geometrical Optics-I (L) Light Mr. Sunil Kumar Gupta	General Anatomy (L) Synovial Joints Dr. Diksha	General Physiology (P) Dr. Tahseen Raza 1 st floor College Building (Physiology Lab)			Soft Skill Mr. Kaumain Abidi	Library
Friday 30.08.2024	Role Play Ms. Ramiah Akhtar	General Anatomy (L) Tissue of Body Dr. Divya	Library	Library			
Saturday 31.08.2024	Optometry Introduction Mrs. Namrata Srivastava	General Anatomy (P) Dr. Prince Kapoor 6 th floor College Building (Anatomy Lab)		Activity			


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Monday 02.09.2024	Geometrical Optics-I (P) Types of Lens Mr. Jamshed Ali		English & Communication Skill Introduction to English language Ms. Saleha Jafri 5 th floor University Building	Library	L U N C H	General Physiology (L) Properties of Skeleton Dr. Tahseen Raza 5 th floor University Building, LT-II	Group Discussion Mr. Salal Mohammad/ Mr. Sunil Kumar Gupta
Tuesday 03.09.2024	Geometrical Optics-I (L) REFLECTION Mr. Sunil Kumar Gupta	General Biochemistry (L) Amino acids Dr. Nayab Ishrat	English & Communication Skill Essentials of Language Ms. Saleha Jafri 5 th floor University Building	Nutrition (L) Proteins Dr. Nigar Naqvi		General Physiology (L) Contraction Coupling Dr. Tahseen Raza 5 th floor University Building, LT-II	Library
Wednesday 04.09.2024	Geometrical Optics-I (L) REFRACTION Mr. Sunil Kumar Gupta	General Biochemistry (L) hemoglobin Dr. Nayab Ishrat	English & Communication Skill Essentials of Language Ms. Saleha Jafri 5 th floor University Building	Nutrition (L) Proteins Dr. Nigar Naqvi		General Biochemistry (P) Dr. Nayab Ishrat 5 th floor University Building (Biochemistry Lab)	
Thursday 05.09.2024	Geometrical Optics-I (L) WAVE FRONTS SPHERICAL Mr. Sunil Kumar Gupta	General Anatomy (L) Skeletal tissue Dr. Monica	General Physiology (P) Dr. Tahseen Raza 1 st floor College Building (Physiology Lab)			Soft Skill Mr. Kaurain Abidi	Library
Friday 06.09.2024	Role Play Ms. Ramlah Akhtar	General Anatomy (L) Connective Tissue Dr. Diksha	Library	Library			
Saturday 07.09.2024	Optometry Introduction Mrs. Namrati Srivastava	General Anatomy (P) Dr. Prince Kapoor 6 th floor College Building (Anatomy Lab)		Activity			


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